

CHURCH@HOME

PREPARATION:

1. Let everyone in the family know when and where your worship time will take place. Mention it several times throughout the week or post something on the refrigerator.
2. Turn off all distractions. All electronic devices should all be turned off and stowed. You might even try taking the phone off the hook. (You'll survive)
3. Have everyone seated together so they can see everyone. No one off in a corner or in another room.
4. You're going to need a bible. You can have one where you pass around to read or have each person bring their own. Your choice.
5. Get everyone involved. Take turns or assign roles - just as long as everyone is included.
6. Have fun. This is new. There's bound to be some bumps along the way. Just relax and enjoy the time together. Trust God to direct your time together.

1. WORSHIP

The goal of this time is worship. We always want to begin with praise and thanksgiving.

- Say a quick prayer to begin. Ask God to bless your time together
- Sing a worship song or two **OR** have each person share something that gives thanks to God.

2. SHARE

The goal of this time is to allow everyone to begin to open up and share. Remember not to interrupt or override, but everyone work hard to keep on topic.

Go around the room and allow everyone to answer these questions

- As a child what were you most afraid of?
- List 3 areas of your life you worry about most now
- How would you respond to this statement - Our fears pinpoint the areas of our lives where we don't trust God

3. DISCOVER

The goal of this time is to look into God's word and begin uncovering truths

- Read 1 Samuel 17:34-37
- David was remembering what God had done for him in the past and it gave him confidence for the present. What has God done for you in the past that gives you confidence in your current areas of worry and fear?
- Read Psalms 23. Discover truth of how God is always with us
- Read Matthew 6:25-34
- In this passage, what other promises did God make that should help us in dealing with our fear and anxiety?

4. APPLY

The goal of this time is finding ways to apply the truths from God's word.

- (READ) Fear and anxiety are going to come against all of us. But simply having a belief in a God isn't enough to help us overcome. Many people believe in God and are still overcome with both. We have to learn to believe God. Believe his promises. Believe his truth. And learn to trust him.
- What is one thing each person will do to remind yourself of God's promises?

5. PRAY

The goal of this time is to close out by going to God in prayer.

- Ask if there are any special prayer needs.
 - Remember needs outside your own family circle. Adopting a missionary or a country to pray for each time is a great idea.
- Gather together and pray.
 - Don't be afraid to allow God to move in this time of prayer. Powerful things happen when a family prays together.
- Group hug

CONCLUSION:

When you've finished please fill out the evaluation card. We want to make this time together a wonder life changing experience.