

### PREPARATION:

- Let everyone in the family know when and where your worship time will take place. Mention it throughout the week or post something on the refrigerator.
- 2. Turn off all distractions. All electronic devices should all be turned off and stowed. You might even try taking the phone off the hook.
- 3. Have everyone seated together so they can see everyone. No one off in a corner or in another room.
- 4. You're going to need a bible. You can have one you pass around to read or have each person bring their own. Your choice.
- 5. Get everyone involved. Take turns or assign roles just as long as everyone is included.
- 6. Have fun. This is new. Just relax and enjoy the time together. Trust God to direct your time together.

#### THIS MONTHS THEME: OUR TIME

### 1. WORSHIP

The goal of this time is worship. We always want to begin with praise and thanksqiving.

- Say a quick prayer to begin. Ask God to bless your time together
- Sing a worship song or two **OR** have each person share something God has done for them so far this year.

# 2. SHARE

The goal of this time is to allow everyone to begin to open up and share. Remember not to interrupt or override, but everyone work hard to keep on topic.

Go around the room and allow everyone to answer these:

- If you were given 3 days to live what would you do with your time?
- What would you do different in you Spiritual Life, Personal Life, Family Life and Social Life

### 3. DISCOVER

The goal of this time is to look into God's word and begin uncovering truths

- Read **Psalm 90:1-6**. As you read about God's larger perspective on life, does it cause you to see life as depressing or purposeful?
- (Big Idea) Moses is saying this If we could see God as he is, we would give him the reverence he is due.
- Read **Psalm 90:10-12**. What does it mean to number our days?
- (Big Idea) Teach us to understand we only have limited amount of time so that we'll prioritize and act accordingly. When we act from a 'limited' perspective it brings clarity (wisdom) to what is really important

## 4. APPLY

The goal of this time is finding ways to apply the truths from God's word.

- Review your answers from the sharing section (2). When you only had a limited amount of time what was most important? Would you agree these actions better represent what is truly important
- What does how you spend your time now say is most important?
- What are one or two things you will begin to change in how you spend your time to better align with the truly important things?

# 5. PRAY

The goal of this time is to close out by going to God in prayer.

- Ask if there are any special prayer needs.
  - Pray for God's help in how you use your time
  - Pray for God's direction and protection in your family
- Gather together and pray.
  - Don't be afraid to allow God to move in this time of prayer.
    Powerful things happen when a family prays together.
- Group hug. Tell each other something that will encourage them.

### **CONCLUSION:**

Don't forget to fill out the eval card. We want to keep improving!